

Hints for use and care of your JivanaProps® yoga mat.

Our yoga mats have been selected for their non-slip properties, environmentally friendly ingredients, durability and strength.

We do not sell "Marshmallow mats" such as other providers or discounters.

Our yoga mats have high slip resistance.

But - maybe you sometimes feel that a new yoga mat is as "not so good non-slip".

The reasons could be as followed:

Each mat has more or less a production "film" on the surface. This sometimes reduces the stickiness.

You can change this positively by the following measures:

1.Be aware that the skid resistance of the mat depends on your specific type of skin. Therefore, do not use a greasy soap to wash your hands or feet! Especially if you transpire very quickly.

2.Please have an intense practice on your mat! The plastic texture will change over the time. So practicing with your yoga mat will achieve a better degree of skid resistance - and of course, to perfect yourself in the Asana!

3.Wash your mat with little detergent up to 40 ° C in the washing machine and roll it into a towel to remove residual moisture! (Please do not wash the mat immediately after purchase. Use it for some time to make the material more supple!

4.If you tend to perspire very quickly or strong, put a little amount of chalk or magnesium on hands and or feet .

5.With 400 to 600 grain size grinding paper, you can carefully gently grind the surface.

6.For transport or storage, roll the mats, never fold them with sharp edges! The quality of the mats suffers otherwise!

If you take these hints to heart, you will have lots of fun with your yogamat!!
If you still have questions! Please write us info@jivanaprops.eu